# DISCOVER Trivselbygden

HOLSLJUNGA • HÅCKSVIK • KALV • MÅRDAKLEV • MJÖBÄCK • ÄLEKULLA ÄLVSERED • ÖSTRA FRÖLUNDA • ÖVERLIDA • ÖXABÄCK

# HIKING, BIKING, FISHING AND PADDLING

Discover all the nice beaches, trip destination's restaurants and accommodation

> Taste the local food and experience the forest and lake at your own pace.



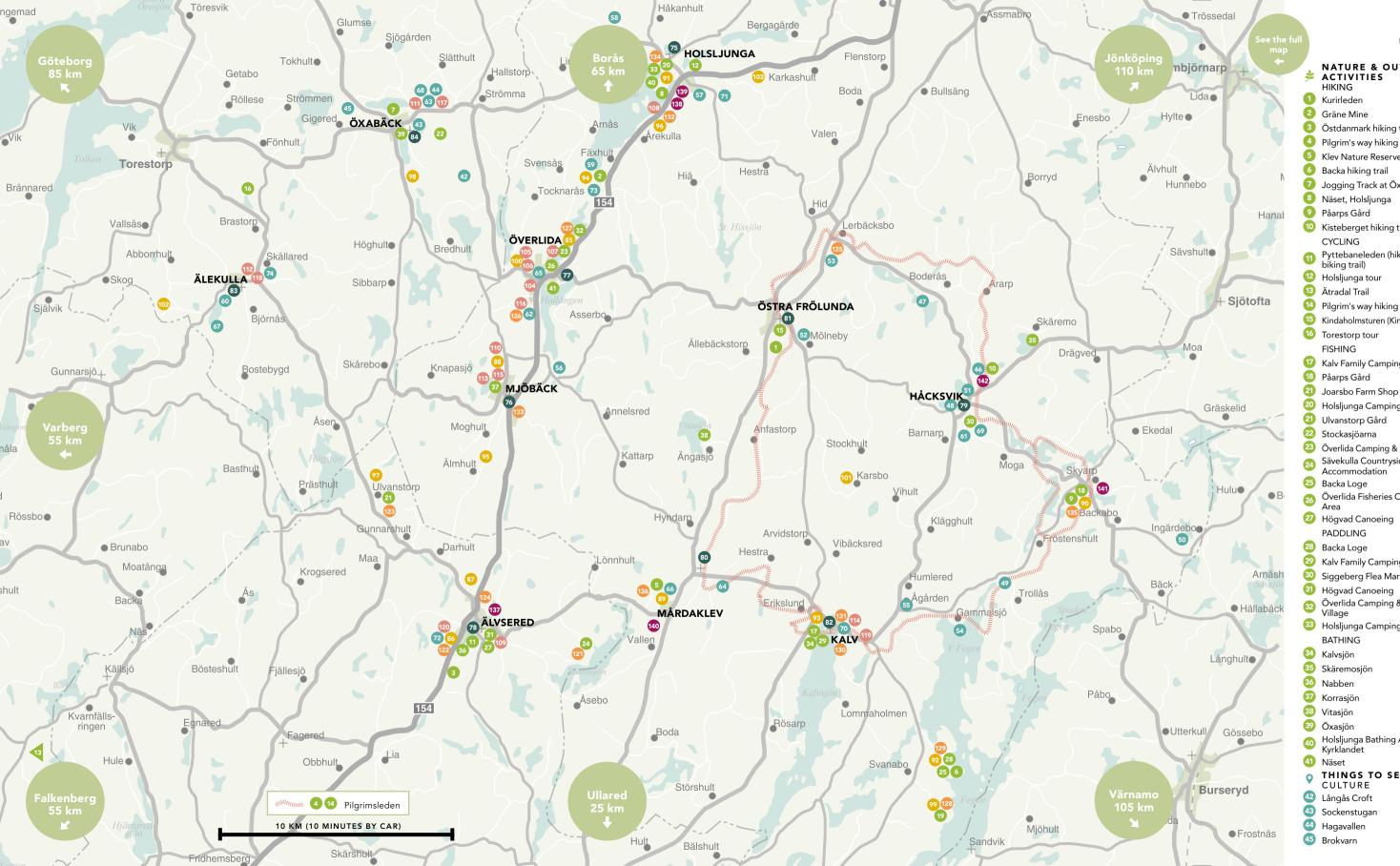
# Trivselbygden

# A DISTRICT WHERE YOU CAN FEEL AT HOME

That's how we want our beautiful district with its proud historic roots to be perceived. As a resident of the area living here, we would like you to feel that you are welcomed no matter if you are here as a first time visitor, a regular one or simply have opted to settle here for good.

The ten villages that make up Trivselbygden are Holsljunga, Håcksvik, Kalv, Mårdaklev, Mjöbäck, Älekulla, Älvsered, Östra Frölunda, Överlida and Öxabäck. Together they form a region characterised by a genuine spirit of small-scale entrepreneurship, lots of commitment to developing our rural district, and a friendly, welcoming and open atmosphere.





# Welcome to Trivselbygden!

HOLSLJUNGA • HÅCKSVIK • KALV • MÅRDAKLEV • MJÖBÄCK • ÄLEKULLA ÄLVSERED • ÖSTRA FRÖLUNDA • ÖVERLIDA • ÖXABÄCK

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WAITING TO BE DISCOVERED

Find out more about Trivselbygden at trivselbygden.se

The beautiful area Trivselbygden is located in the borderlands between Halland, Småland and Västergötland. This wonderful landscape, with its many glittering deep blue lakes, lush deciduous forests and red-tinted wild strawberry meadows, is the habitat for a multitude of animals and plants both great and small. At times, the old-growth fir and pine forests are adorned by characteristic carpets of moss and the fantastic scents of summer. in the blink of an eye, the landscape picture changes and fertile fields and meadows dominate with growing cairns and wild flowers.

Scattered through the forests like a string pearls, you will come across lakes of various sizes with abundant stocks of fish. Together with the blue waters of the Ätran river, which meanders calmly and serenely southwards through the valley, this is a paradise for both hikers and bird watchers, as well as for canoeists and fishing enthusiasts!

During your stay in Trivselbygden, you will constantly be standing on historical battlefields. Once upon a time, this was the border between Halland, then part of Denmark, and Sweden and many bloody battles were fought in these green fields before peace finally arrived. Periodically, the area was so badly torn and devastated by war that nearly 90% of the farms were exempt from paying taxes. At present, the traces left by wars are still visible in the form of old embellishments, fallen ancient castles and distinctive boundary stones, to name a few examples. There are numerous ancient monuments and interesting historical buildings, waiting to reveal their exciting stories just for you. Photo: Lina Efraimsson

long stone walls also give the natural environment its distinctive genuineness..

We dare to say that there is a gem for everyone here: on land or at sea, on a modern plant or in a clearing in the forest. You will find here places that will touch your heart – your journey begins here!

Ancient burial sites, rune stones, cultivation cairns and

#### TOURIST INFORMATION

Thanks to the fact that Trivselbygden includes villages from three different municipalities, you have a number of tourist agencies to turn to for more information and an improved holiday experience.

SVENLJUNGA:	MARK:	FALKENBERG:	FEGEN:
+46 325 183 07	+46 320 21 81 00	+46 346 88 61 00	+46 70 29 84 435
KINNAGATAN 2,	BORÅSVÄGEN 40,	HOLGERSGATAN 7,	UHLABOVÄGEN 1,
512 51 SVENLJUNGA	511 54 KINNA	311 34 FALKENBERG	311 52 FEGEN

The area also has local "info-points" where you can also get good tips and advice.

# Hiking IN THE BEAUTIFUL TRIVSELBYGDEN

Whether you belong to those who obviously book a range of activities on your holiday, or if you are looking for stillness for recovery and reflection, it can make sense for body and soul to spend a few hours out in the pleasant countryside's (Trivselbygden) beautiful recreation areas. The paths and trails are differently designed, passing through forests and along lakes, over historically interesting lands and to beautiful vantage points. You can hike on roads, forest paths, in mountainous or flat terrain – the choices are entirely your own.

It is common for our routes to be signposted or described in stages, and on several of them there are tables and benches for rest and socializing. Why not bring the picnic basket and eat lunch in the open air?!

More information, maps and brochures of the area, can be found at the tourist officient in Svenljunga, Falkenberg, Fegen and Kinna.

#### ÖSTRA FRÖLUNDA

#### Kurirleden Coordinates: 57.335661, 13.0331103

Hiking trail, 50 km, running between Kindahus in Östra Frölunda and Öresten fort in Mark municipality. Around 600-700 years ago this would have been a route ridden by couriers (kurir) carrying post between the two strongholds. NOTE! Sometimes there's poor maintenance and lack of signage.

Photo: Madeleine Redmar

Wander through

stunning forests and

along mirrorored

lakes at your own

pace.

HOLSLJUNGA

#### Gräne Mine Gräne Gruva (Gräne Mine) 1, 512 64 Holsljunga

The area around the old Gräne Mine has a number of hiking trails. Trail No. 1 runs for 1,800 metres up to the top of the hill. There are picnic tables both at the top of the hill and along the trail. Both rest areas have a fantastic view of Lake Hallången. Trail No. 2 is 3,600 metres long, initially follows the old railway embankment and crosses the bridge before turning north towards goat ridges, kettle holes, water locks and other sights, after which you turn back to the mine. Work on a "troll" trail of approximately 400 metres began in 2020 and is due for completed in 2021. This is directly adjacent to the mine and there is information on local flora and fauna along the trail, where we hope the occasional troll may be spotted among the rocks.

Trail No. 3 will be completed by summer 2021. This will lead north from the car park up to the southern end of Holsjön, then past the natural spring and the cave at Fäxhult, ending at our rhododendron park. We will be increasing the size of the rhododendron park in the spring with 250 bushes, which we hope will flower in between May and June. We have also built a roof over the barbeque area to protect against wind and rain.

#### THE HIKING TRAILS THAT ARE READY FOR SEASON 2021 INCLUDE:

#### ÄLVSERED

#### Östdanmark hiking trail Ålarp, 311 63 ÄLVSERED +46 70 34 12 580

#### gransleden.se

The trail starts at "Hättesten" in Ålarp. The stone is an ancient boundary mark between the former Danish Halland's province and Sweden. Here you can hike on historical grounds on one of Halland's most beautiful trails! The hiking passes through large forest areas, by streams, lakes and bogs with footbridge paths. Along the trail there are five geocaches hidden and there are also 35 displayed signs aimed to inform about the historical events that have taken place along the trail. Two alternative routes; A circular loop of 9 km and an A to B loop of 17 km are available. Food, coffee and lovely baths are available to enjoy near the trail.

KINDAHOLM

## Pilgrim's way hiking trail

Starting from any church in Kindaholm: Mårdaklev, Kalv, Håcksvik or Östra Frölunda. 073-80 03 844

On historical grounds, in a fairy-tale nature, you walk entirely at your own pace between the four churches in Kindaholm. Pilgrimsleden (Pilgrim's Way) is well marked with red signposts and is about 44 km long. The hiking goes on trails and smaller roads with low traffic and the enchanting beautiful places are replacing each other along the way. The trail can be started at any of the four churches, or at one of the neighbouring destinations. Food, coffee, accommodation and cooling baths are found along the route.

MÅRDAKLEV

#### Klev's Nature Reserve-Klevaberg's Nature Trail Klevs Gästgiveri, 512 62 Mårdaklev

A perfect day trip in pandemic times! This beautiful nature reserve contains a myriad of trails with good information signs in Swedish, German and English. The signs contain text and pictures describing both the area's exciting war history and the local flora and fauna. The paths go through magical forests and clearings, up steep slopes and alongside ancient remains. This was once the site of one of Sweden's southernmost fortifications and was the scene of many bloody battles! A vertiginous wooden staircase in the rocks leads up to a vantage point offering breathtaking views. The area has picnic tables, B&Bs and, in the evenings, restaurants.

# Backa hiking trail

Starts from the picturesque Backa Loge, along the beautiful shores of Lake Fegen and into the nearby wilderness. Beautiful and peaceful in varied nature with bathing, diet and lodging facilities in connection. Distances of 2.5, 5 and 7.5 km.

#### ÖXABÄCK

KALV

# Jogging Track at Öxasjön lake

#### Öxavallsvägen 10, 511 95 Öxabäck

Starting at the Hagavallen, five very nice jogging tracks are run by Öxabäck's VIK. The tracks are between 1.6 and 13 km long and go through beautiful nature and close to the deep blue water of Öxasjön' lake. The loop at 1.6 km is illuminated.

HOLSLJUNGA

# Näset

#### Fridolfs väg 3, 512 64 Holsljunga

Two walking trails next to glittering Holsjön lake, considering Holsljunga Camping & Café as the starting point. The trails are 1.8 and 2.8 km long and the surroundings has everything that one desires. Along the path there are several picnic areas and one may see as well several exercise equipment.

HÅCKSVIK

#### Påarps Gård Påarps Gård 1, 512 95 Håcksvik

From Påarps Gård's fantastic location, several hiking trails of varying lengths are based, including the famous "Peasant Mile". Regardless of the choice of route, you will still go in a striking beautiful nature with meadows, forests and waterways along your way. Close to restaurant, coffee and cooling bath.

#### HÅCKSVIK

#### Kisteberget hiking trail Drive from Håcksvik towards Sjötofta.

After 1 km, stop the car beside a small blue sign pointing towards a forest road.

Follow the blue marked poles for 1.5 km where an adventure awaits you at Kisteberget. See more information under See & Do/culture/ Kisteberget.

#### EXAMPLES OF MARKED CYCLE ROUTES THROUGH OR TO/FROM TRIVSELBYGDEN ARE:

Trivselbygden One big cycle park!

# **Cycle as fast as you can** AND CALM THIS SUMMER!

The entire Trivselbygden consists of a swarm of roads and paths and offers both to the experienced and the beginner cyclist many intriguing choices. Trivselbygden's position means that the gateway to three different landscapes is within cycling distance. Maps are available at our tourist offices in the local area, both in the municipality of town, Svenljunga Municipality and Falkenberg Municipality. Traffic is usually small or non-existent and with a good map, the whole Trivselbygden area will be transformed into a big bike park! ÄLVSERED – ULLARED

### Pyttebaneleden (hiking and biking trail) <sup>15 km</sup>

The route runs between Älvsered and Ullared, on old embankment with heavily packed gravel. The trail is easy and about 15 km long, with three picnic areas and several interesting information signs along the way. Occasionally, it follows the beautiful Högvadsån and offers both exercise, beautiful views and quiet nature. Food, swimming and accommodation facilities are available in close proximity.

SVENLJUNGA – HOLSLJUNGA

#### Holsljunga tour 52 km

The tour goes on gravel roads and smaller country roads in a varied landscape. At times, the big forest fades gradually, being transformed afterwards into open farmlands with fertile lands and blue watercourses. Alternating flat and hilly areas Along the tour there are accommodation opportunities for the overnight stay as well as the possibility of lighter ingestion and a dip in the blue! Cycling following a map with detailed stage descriptions.

#### FALKÖPING-FALKENBERG

Ätradal Trail

Panoramic forests, open landscapes and stunningly beautiful lakes. Under the above said for nearly 20 mil, your senses are fed with memories for life. The bike trail runs between Falköping and Falkenberg and the entire 146 km runs on car-free embankment with heavily packed gravel. The sights and cultural remains along your path are many, and perhaps you will find your favourite place to stay and refuel energy. Make a short detour and the entire Trivselbygden is in front of you!

GOOD TIPS AND GOOD MAPS FOR WONDERFUL CYCLING EXPERIENCES CAN BE FOUND AT OUR BEAUTIFUL TOURIST OFFICES AND ON THE WEB.

SVENLJUNGATRANEMO.SE FALKENBERG.SE UPPLEVMARK.COM

#### KINDAHOLM

# Pilgrimsleden (Pilgrim's way hiking trail)

Starting from any church in Kindaholm: Mårdaklev, Kalv, Håcksvik or Östra Frölunda. On historical grounds, in a varied landscape, you bike entirely at your own pace between the four churches in Kindaholm. Pilgrimsleden (Pilgrim's Way) is well marked with red signposts and is about 44 km long. The journey goes on trails and smaller roads with low traffic, through lush beech forests and rolling farmlands. The trail can be started at any of the four churches, or at one of the neighbouring destinations. Food, coffee, accommodation and cooling baths can be found on the route.

A passage rich in cultural relics!

ÖSTRA FRÖLUNDA – HÅCKSVIK – CALF – MÅRDAKLEV

# Kindaholmsturen (Kindaholm's tour)

47 km

Round loop between the villages: Östra Frölunda, Håcksvik, Kalv and Mårdaklev. Starts fromand ends at-Östra Frölunda church. The Kindaholm's tour goes on gravel roads and smaller asphalt roads and nature is constantly changing with deciduous forests, streams, spruce forests and meadows every now and then. Here the terrain is relatively flat and the area is quiet and beautiful. Accommodation, café, shop, cooling bath and a host of cultural attractions, are located along the route. Two nature reserves are also close by. A cycle ride that invites reflection and peace of mind. Cycling by stage description.



TORESTORP-ÄLEKULLA-ÖXABÄCK

# Torestorp tours

The cycle trail starts in Torestorp. You travel around on minor roads in the beautiful countryside of old farmlands and deep forests. You will be mostly cycling along minor gravel or asphalt roads where other traffic is almost non-existent.



Find out more about Trivselbygden's fishing conservation area at ifiske.se

# WHEN THE BIG FISHERMAN SPEAK ABOUT HOW BIG FISHES HE GOT ...

Photo: Monika Bjeltor

Do you also love to fish?! Regardless of whether you made a conscious choice or if you have been simply lucky, we can only congratulate you-as you have ended up in the right area!

Trivselbygden is in itself a small fishing paradise with hundreds of lakes, streams and rivers. There are small and large lakes, deep and cold, shallow and with a little warmer water. Fishing can take place from land, from jetty or from any maritime vessel: motorboat, rowing boat or maybe canoe. Even a float raft is available for experiences out of ordinary. The entrepreneurs in the area are knowledgeable and are happy to assist you in your choice of equipment, means of transport and location-all according to your conditions and wishes! If you wish to sit alone by a gentle lake one day, you can quickly move to a larger, more well-visited fishing area the next day. Be your own trip planner and customise your own ultimate fishing package!

At ifiske.se you will find the necessary information about all the Trivselbygden's fishing conservation areas, where you can buy fishing licenses, put in the boat etc. Should any fishing area not be posted at ifiske se, there is a website address where the information is available. There are excellent fishing brochures and maps at our tourist offices, as well as at some of the area's minor tourist information units involving the commitment of dedicated entrepreneurs - everything to make you feel safe and welcome here!

#### FISHERY CONSERVATION AREAS (FVOS) BELONGING TO TRIVSELBYGDEN:

ÖSTRA FRÖLUNDA-MÅRDAKLEVS FVO I VITASJÖN FVOF I GRAVSJÖN FVOF I HOLSLJUNGA FVO I ÖVERLIDA FVO I HÖGSJÖNS FVO I ÖXABÄCKS FVOF I KALVS FVOF I MOGA- ANNLARPS FVO I HÖGVADSÅNS FVO

Fishery conservation areas consist of associations that own fishing rights to their waters and decide which rules apply in each fishery conservation area.

#### KALV

#### Kalv Family Camping Kyrkbyn, 512 61 Kalv

kalvscamping.se

Rental of boats, canoes and kayaks. Proper fish cleaning and some possibility of freezing space during the stay. Raft with overnight accommodation, from which fishing is permitted. For more information, see: "Accommodation". Sale of fishing licenses.

#### HÅCKSVIK

#### Påarps Gård Påarps Gård 1, 512 95 Håcksvik paarpsgard.se

Fishing guidance, rental of boats, fishing equipment etc. Own lake with the game fish, including among other things the fine rainbow trouts. Transport to and from different fishing waters. Also organizes fishing events. Sale of fishing licenses. For more information, see: "Accommodation" and "Restaurant & Café".



#### **Joarsbo Farm Shop** and Cabins JOARSBO, 512 61 Kalv

ioarsbo.com

The proper rowing boat is included in the cottage rent, sale of fishing permits/ licenses. More info can be found under: "Accommodation".

HOLSLJUNGA

## **Holsljunga Camping &** Café

#### Fridolfs väg 3, 512 64 Holsljunga +46 709 69 62 60, holsljungacamping.se

Rowing boat, canoe and Stand Up Paddle (SUP) board rental. Picnic baskets can be ordered in the café to take with you on fishing trips. A defibrillator is available. Sale of fishing licenses. For more information, see: "Accommodation" and "Restaurant & Café".

ÄLVSERED



+46 70 330 10 46, Ulvanstorp.se

There are fishing lakes close by and fishing licenses are available for sale in Ulvanstorp. Boats are available for hire, visit hogsjon.se for information. For more information, see "Accommodation" and "Locally produced food".

ÖXABÄCK



Stockasjöarna, 511 95 Öxabäck +46 73 71 63 429, +46 70 25 22 844 stockasjoarna.se | 🚯 Stockasjöarna info@stockasjoarna.se

Visit us for a first-rate nature experience with a beautiful area for country walks right next door. What we offer are two Put and take lakes, Lilla och Stora (small and large) Stockasjön, with jetties adapted for fly fishing. In our lakes is found the rainbow trout with examples of the best quality, some of them with a weight of more than 8 kg. Between casting you can cook up something tasty at one of our barbecue areas, or why not book our grill hut and secure the barbecue conditions. We also arrange events where the entire facility can be rented and the guest can also get the food delivered. Please visit our website for booking and opening hours. Welcome!

## ÖVERLIDA

#### 23 Överlida Camping & **Holiday Village**

Holsljungavägen, 512 60 Överlida overlidacamping.se

Rental of motorboats, canoes and kayaks. Sale of fishing licenses. For more information, see: "Accommodation" and "Restaurant & Café".

ÄLVSERED

#### 24 Sävekulla Countryside Accommodation

Sävekulla 110. 311 63 Älvsered +46 702 88 19 38.sävekulla.se

Boat and fishing licenses are included in the rent of the cottage/house on the farm. More info can be found under: "Accommodation".

ΚΑΙν

#### **Backa Loge** Övre Backa 1, 512 61 Kalv

backaloge.se

Nice fishing waters in the proximity. Canoes and rowing boat rental. For more information see under "Accommodation" and "Restaurant & Café".

ÖVERLIDA

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#### Överlida Fisheries **Conservation Area** +46 73 044 60 48, overlidafvo.se

Our lakes are rich in roach, perch and pike. Boats can put in and boats can even be borrowed in Stora Hallången. For further information, please visit out website or ifiske.se

#### ÄLVSERED



hogvadskanot.se | 🚯 💿 Hogvadskanot hogvadskanot@gmail.com

#### +46 70 66 01 484 Ödegärdsvägen, 311 63 Älvsered

Canoeing and Fishing Adventures! Rent a canoe and paddle in a cosy small river, free fishing on the route is included.. Experienced landlords with good knowledge of the area Only 15 kilometres north of Ullared.

# Padding Cosy paddling or hard training

- THE CHOICE IS YOURS!

Trivselbygden area offers outstanding opportunities for an unforgettable paddling experience. The area has rivers and lakes with both calm and slightly wilder water and no matter where you choose to paddle, you will be greeted by a breathtaking nature that is very generous in everything it offers.

In the area there are several operating canoe rental companies who considers as their privilege to share their knowledge with just you! If you are persevering and adventurous, you can choose to paddle both upstream and downstream, but it is just as wise to book transportation back, after you paddle to your exposed target. Life jackets are of course available! In the "Kindaholm" area, i.e. in the villages of Östra Frölunda, Mårdaklev, Kalv and Håcksvik, there are no less than 12 camp sites with excellent conditions for one or more nights out in Swedish nature. All of them have waste disposal, toilet and equipped with BBQ facilities with wood storage. Some have shelters. Imagine the peace that arises at the crackling flames of the campfire, with only the unspoilt nature right next to it. The food bag has probably never tasted tastier!

Tip! Buy your camping checks digitally at ifiske.se

#### NOTE!

To use the campsites, you need to have purchased camp checks in advance. The supervisor ensures that the sites are managed and that camp checks are used. Contact the tourist office in Svenljunga or in Fegen for information about purchasing camp checks etc., or buy them digitally at ifiske.se. CANOE RENTAL IN THE KINDAHOLM AREA, AROUND THE LAKES KALVSJÖN, FEGENSJÖN, ETC:

#### KALV/ ÖVRE BACKA

Backa Loge Övre Backa 1, 512 61 Kalv +46 70 45 39 339 backaloge.se

KALV

#### Kalv Family Camping Kyrkbyn, 512 61 Kalv +76 325 512 58

kalvscamping.se

#### HÅCKSVIK

# Siggebergs' flea market

Håskavägen 5, 512 95 Håcksvik +46 70 69 68 519 hacksvik.se

THERE IS A VERY NICE TOUR TO PADDLE IN HÖGVADSÅN, FROM ÄLVSERED AND DOWN TO HACKARPSSJÖN. CANOES ARE RENTED EASILY BY:

ÄLVSERED



#### +46 70 66 01 484 Ödegärdsvägen, 311 63 Älvsered

Canoeing and Fishing Adventures! Rent a canoe and paddle in a cosy small river, free fishing on the route is included.. Experienced landlords with good knowledge of the area Only 15 kilometres north of Ullared.



IF YOU OPT TO PADDLE AROUND ÖVERLIDA OR HOLSLJUNGA THE FOLLOWING CANOE RENTAL COMPANIES ARE AVAILABLE:

ÖVERLIDA

#### Överlida Camping & Holiday Village Holsljungavägen, 512 60 Överlida 0325- 324 39

overlidacamping.se



holsljungacamping.se | f 
B Holsljunga Camping & Café

Fridolfs väg 3, 512 64 Holsljunga +46 70 96 96 260

Paddle on beautiful Holsjön. Go ashore on one of the lovely 'deserted' islands and take a swim on a sandy beach. Ideal for families, beginners or the more experienced. Picnic baskets can be ordered in the café to take with your boat trip. A defibrillator is available.



# Bathing areas

Leafy bathing areas, cosy beaches and jetties for anyone who feels like diving in! Which is your favourite?

Photo: Andreas Biörklund

KALV

# "Kalvsjön"

Green bathing spot/area open to the public. The sandy beach and small rocks are surrounded by beautiful greenery and lawns with plenty of space. Great location and close to parking and Mulltoa type.composting toilet system. Barbecue area, benches and dressing booths are available. Located next to address: "Solvik". Close to the shop and café.



#### HÅCKSVIK

# "Skäremosjön"

A communal bathing area open to the public. Nice piers at an angle with shallow water inside the piers. Sandy beach adjacent to the bath, suitable for picnics and a nice moment in the lounge chair. Parking right next to it and there is also an outdoor toilet. The lake is located about 4 km from Håcksvik towards Sjötofta.

#### ÄLVSERED

# 🧿 "Nabben"

Small sandy beach and large lawns with plenty of seating, offers this fine communal bathing area at the lake Horsasjön. U-shaped pier with framed shallower bathing place for the little ones and beach volleyball field for the slightly older visitors. Barbecue area and benches are available. Adjacent parking and toilet. Close to restaurant and shop.



Small and cosy communal bathing area, located-on a slope above the fire station in Mjöbäck. Nice grassy beach with barbecue area and benches for cosy summer meals. Nice piers, close to the parking and with scent from the forest.

#### ÖSTRA FRÖLUNDA

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# "Vitasjön"

Lush bathing spot with jetties, sandy beach and lawns. Great opportunities for picnics and barbecues. Parking and waterless composting toilets are located in the proximity. The bathing area is open to the public and is a piece into the forest. Follow the signs "Vitasjön" along the road between Mårdaklev and Östra Frölunda.

## öxabäck "Öxasjön"

Small cosy sandy beach just outside the community, open to the public. Large lawns to play and have a picnic on. The water is waiting for the piers and a bit out there is a jump raft. Close to the car parking and waterless composting toilets.

#### HOLSLJUNGA

# "Holsljunga Bathing Area/Kyrklandet"

300 metres of beautiful, shallow, child-friendly sandy beaches beside Holsjön. Open to the public. Rent sunbeds, rowing boats, canoes, Stand Up Paddle (SUP) boards and bicycles Nice jetties, one of which is disability adapted. Nearby café offering sandwiches, waffles and ice cream. Parking, barbecue area and public toilets available. Dogs are welcome on parts of the beach. A defibrillator is available.



#### överlida "Näset"

Lovely sandy beach at the lower Hallången, open to the public. There is a nice L-pier with a diving tower, swings, picnic tables and a good barbecue area. From the parking area you go a bit through the beautiful forest to reach the bathing area.

# Discover all the nice things

# EXCURSIONS IN TRIVSELSBYGDEN AREA

Photo: Martin Ivarsson

Where are your steps leading you this summer?

ÖXABÄCK

## Långås Croft

Långås Hembygdsgård (Långås local heritage centre) 1, 511 95 Öxabäck +46 0320 593 50, +46 073 05 33 769 oxabackhembygd.com | 1 Oxabackhembygd goran.oxaback@gmail.com

Långås is an old croft from the 19th century which has been in the ownership of the local heritage society since the early 1970s. Långås croft stands in a peaceful and protected location within the forest with no electricity or water. Here you can see how people lived in times gone by. A variety of activities are organised at Långås every year, such as Christmas celebrations and "slåttergille" (hay-making feast).

#### ÖXABÄCK

#### Sockenstugan

Öxabäcks Kyrka, 511 95 Öxabäck +46 320 593 50, +46 73 05 33 769 oxabackhembygd.com I ③ Oxabackhembygd goran.oxaback@gmail.com

This small cottage, located in the proximity of the church, originates from the end of the 17th century. It was built by the parish to be used as a hospital, thus as care for the sick and infirm. Nowadays the building serves as a museum for objects that locals donated to the local heritage society.



#### CULTURE

#### ÖXABÄCK

#### Hagavallen Öxavallsvägen 10, 511 95 Öxabäck

Historical and listed sports ground. Öxabäck is called the cradle of women's football with its legendary women's team, Öxabäcks IF. Some workers at the village's garment factory joined forces and started playing football together in their spare time. This was the kick-off for the women's team that was officially launched in 1966, and was one of the of its kind in Sweden. Before it was disbanded in1995, the team had brought home six SM GOLD and six WINS in the Swedish Cup. Today it is only the men who play football at Hagavallen.



#### öxabäck Brokvarn

Brokvarn 3, 511 95 Öxabäck +46 320 593 50, +46 73 05 33 769 oxabackhembygd.com l () Oxabackhembygd goran.oxaback@gmail.com

Öxabäck's hembygdsförening (local heritage society) owns Brokvarn with its mill and sawmill, which is run by water power. There is also a mediaeval stone slab bridge and a stone arch bridge from the 1830s, as well as an attractive nature trail that takes around 30 minutes.

## HÅCKSVIK Kisteberget

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#### 512 95 Håcksvik Drive from Håcksvik towards Sjötofta for approximately one kilometre. Then follow the blue signs.

Mythical location just outside Håcksvik. "Kisteberget" has a deep karst formation that you can go down into. It's rumoured that there's ancient treasure buried there. You wouldn't be the first to try to salvage it because many have tried before. and failed. If the legend is correct, it would be gold coins worth a king's ransom. It would be quite an advantage if there were several of you in the party because there is a challenging cleft in the rocks that you might like to take on. It's narrow, high and winding, so you might get a few butterflies in the stomach when you squeeze your way in and clamber down to the bottom. Once there, you can certainly sense the lightly damp air that greets you from the high rock walls and the thought hits you that this is a place you want to be sure to be able to get out of. At the same time, the heart beats a little faster and you are proud and satisfied when you do come out. Certainly worth a cup of coffee from the picnic basket! More information under "Hiking".

HÅCKSVIK

# **Kvarnagården**

Between the lakes Kvarnsjöarna and Ballasjön 512 95 Håcksvik Coordinates: 57.347032, 13.114933 +46 325 520 30 I Håcksviks Hembygdsförening hembygd.se/hacksvik

There are three buildings here with a forge, a lathe and a shingle planer. The water wheel has been recreated, along with the whole of this historic industrial environment. The water wheel and machines are operated on certain dates. See "Activities" on our home page for opening hours etc.

HÅCKSVIK



Klockaregården, 512 95 Håcksvik +46 325-520 30 () Håcksviks Hembygdsförening hembygd.se/hacksvik

Unique painted wall panels! In 1848 well-known painter Sven Erlandsson painted 33 biblical motifs on paper, which he pasted onto the walls of this hall. The colours are very clear and distinct. Open for viewing: Sunday 14:00–16:00 during the summer. More info can be found on our website. HÅCKSVIK



#### Gammalsjö kvarn (Gammalsjö mill), 512 95 Håcksvik Coordinates: 57.263404, 13.175982 +46 70 54 17 333

A "tullkvarn" (a mill that charged a fee) from 1850 with a mill wheel measuring a full seven metres in diameter. The door is always open and the information boards hang on the walls of this fine, old mill. Very beautiful and peaceful forest environment.

HÅCKSVIK

#### Mor Britta's Cabin Near S. Ingärdebo, Håcksvik +46 325 520 30, +46 70 3 471 905 hembygd.se/hacksvik

Mor Britta's cottage is beautifully situated by the lake, on a promontory near Södra Ingärdebo. The cottage was originally located in Bosebo and was called Mor Britta's Distillery because it was the way she built up her fortune. In the cottage there are utensils and furniture that were used in the old peasant home. The local heritage association organises an annual quiz walk. This is an ideal spot for a cup of coffee among the pine trees. Bring your own picnic basket. See website for more information.

HÅCKSVIK

# Olofsbygget

Near Håcksvik Community Centre +46 325-520 30, +46 70 34 71 905 hembygd.se/hacksvik

Old peat roof cottage that has been moved to its current location near the community centre. Inside, you will find furniture and textiles of the time. In the summertime, Sunday coffee is served with homemade bread and now and then a fiddle-player might turn up.

See the website for information on opening times, etc.

ÖSTRA FRÖLUNDA

# Kindahus

#### Kindahus, 512 63 Östra Frölunda Coordinates: 57.335661, 13.0331103

Ruined fortress on a peninsula where the Ätran and Lillån rivers meet. Kindahus is documented in "Erikskrönikan" (the Eric Chronicle) and constituted Sweden's most southerly frontier fort against Danish Halland. Kindahus was besieged and destroyed by the Danes in 1502. ÖSTRA FRÖLUNDA

# 53 Lerbäcksbyn

Lerbäcksbo Överbyn 1, 512 63 Östra Frölunda +46 325 303 03, +46 76 47 33 166 lerbacksbyn.se l () Lerbäcksbyn christina@lerbacksbyn.se

Lerbäcksbyn village was in the 19 century a significant förläggargård (larger estate originally housing the owner) and almost all houses from that time are still there at present. Together they form a unique farm environment, where groups are received for historical dramatized guiding and coffee service. The farmhouse can be rented for longer or shorter periods, in the "dye-house" you can rent rooms and in the garden there is the possibility to camp or set your recreation van/motorhome for a few days. Kindaholm's way goes through the Lerbäcksbyn village. Guided tour also in English. Welcome!



KALV

54

# Kummeludden in Gammalsjö

#### Kummeludden, 512 61 Kalv Coordinates: 57.246025, 13.145136

Bronze Age burial site on a promontory in Lake Fegen. The foliage of the beech woodland extends like a roof over the 35 graves, proof that this site has been inhabited for over 2000 years. A place of tranquillity on the shores of Lake Fegen.

55 Cton

#### Stone Cottage Stenstugan (The Stone Cottage), 512 61 Kalv

+46 70 69 46 567 Kalv's local heritage society was established 1950.

Kalv's local heritage society was established 1950. A ridge cottage (ryggåsstuga) in Tranebäck donated to the municipality of Kalv was then taken over. This ridge cottage (ryggåsstuga) now forms, together with a relocated small byre/cow-shed,linbasta (linen sauna facility for its drying preparation) and carriage/coach house,Kalv's local heritage centre. The collections include in addition to older utility items, a very old dugout, which was taken from the Södra Svansjön (southern Swan Lake). For access to the local heritage centre, please call. Welcome!



# Tokabo

#### Tokabo Hembygdsgård 1, 512 65 Mjöbäck +46 325 340 30, +46 325 342 19, +46 70 61 70 004 tokabo.se

The local heritage centre in Tokabo is run by Mjöbäck's highly-active local heritage society. The houses are in very well preserved condition and are a delight to visit. Summer cafes are held on Wednesday evenings during summertime, and many other activities all year round. Please visit the website for updated information on summer activities.

#### HOLSLJUNGA

# Högelycke Homestead Cottage

Fällhult Högelycke 1, 512 64 Holsljunga +46 70 66 33 381

holsljunga.se

Holsljunga's local heritage society hembygd@holsljunga.se

Högelycke croft is from the last half of the 18th century and was originally a croft under Fällhult farm. Holsljunga's local heritage society bought the croft in 1983 and Högelycke is now used as the village's Homestead Cottage.

HOLSLJUNGA

# Preacher Jacob Otto Hoof

Floghult, 512 64 Holsljunga Signposted with parking area and short path.

#### Coordinates: 57.424897, 12.941080 holsljunga.se/wp/?page\_id=65

Jacob Otto Hoof (born in Floghult, Holsljunga) was a renowned revivalist preacher of the early 19th century Sweden. Around him, Hoofianism emerged and grew and people came from far away, walking long distances, to hear the proclamation of his preaching in Holsljungaskogen. Today he rests on his hometown cemetery, where a lying stone, of considerable dimensions, marks his tomb.





HOLSLJUNGA

# <sup>59</sup> Gräne Mine

Gräne gruva (Gräne mine) 1, 512 64 Holsljunga coordinates: 57.3748187, 12.919441 +46 0325 333 70, +46 073 04 31 156 Gräne Mine

From 1899 to 1932, feldspar was mined in Gräne Mine, and was exported to the porcelain industry in Germany. The mine and the surrounding area is a unique environment with interesting acoustics and its own special atmosphere. On a sunny day, you can see the various types of rock glimmering in the light in the open-cast mine. Today the area has two hiking trails from which you can enjoy the area's beautiful nature and geology, along with its industrial history and the railway, and a whole lot more. Tables and benches have been set out in the area close to the mine, as well as a barbecue area. The area is being gradually expanded with new events under the supervision of Gruve the Mine Troll.

ÄLEKULLA

# <sup>60</sup> Lunden Gardens

Lunden 2, 511 94 Älekulla +46 070 33 69 806 lundenstradgard.webs.com | <a>[b]</a> lundensdahlior lena.fermh@gmail.com

A flowering oasis specialising in thousands of brilliantly-coloured dahlias. Self-picking of dahlias from mid-August until the first night of real frost. Open on designated days during the dahlia flowering season in August and September. Visit the website for opening hours. It is also possible to book group and individual visits to the garden during this period. Welcome! HÅCKSVIK

# Siggeberg Flea Market

Håskavägen 5, 512 95 Håcksvik +46 70 69 68 519, number outside hours: +46 70 54 22 542 hacksvik.se | 🚹 Håcksviks/Club Miscellaneous

You are sure to find lots of flea market bargains here in Håcksvik's old shops. On the second floor vou can purchase "MADE IN HÅCKSVIK" handicrafts. Rental of bicycles and canoes. Smaller "tourist office" offering tips on fishing and bathing in Håcksviks many lakes! Open Wednesday, Saturday and Sunday 14:00-17:00

ÖVERLIDA

# Överlidaljus

Köpmansvägen 4, 512 60 Överlida +46 70 41 50 328 overlidaljus.wordpress.com 🚯 💿 overlidaljus overlidaljus@hotmail.se

Here you will find unique hand-made candles for both everyday use and special occasions. We offer candles with hand-painted motifs and in different shapes and colours. If you have your own idea, we can also make candles on demand. Wide range of seasonal and landscape lights. among other things!

ALL manufacturing takes place in our own store where the visitor is also able to make an appointment to try out the craftsmanship. Welcome on Thursday and Friday: 16:00-18:00, Saturday 10:00-14:00. Other times by appointment!

ÖXABÄCK

# Öxabäck Antiques

Överlidavägen 13, 511 95 Öxabäck +46 70 51 94 281, +46 76 03 49 134 antikhuset.org | 🚯 Antikhuset, Öxabäck antikhuset@hotmail.com christian@brimba.nu

Large selection of antique furniture and things from different eras and styles. Tables, chairs, cupboards and other furniture are intermingled with carpets, porcelain and retro posters. Here you may find something for every taste and wallet! No fixed opening hours, please contact us to book a suitable appointment. See "Antikhuset Öxabäck" on Facebook for daily opening hours!

MÅRDAKIEV

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#### Viola's Handicrafts and Flea Market Kyrkbyn Källäng, 512 62 Mårdaklev +46 73 06 40 826

O Viola Fredman

ÖVERLIDA

Gifts

+46 325 321 00

Homely shop selling local handicrafts. Handcrafted jewellery (made from old nickel silver cutlery), knitted, crocheted, woven, etc. Wool and cotton varns sold. There is also a flea market. Please visit me. Viola Fredman, on Facebook for opening hours.



SusAnn's Flowers &

susannsblommor.se | 🚹 💿 susannsblommor

Here you will find flowers and gifts for everyday

and special occasions, celebrations and condo-

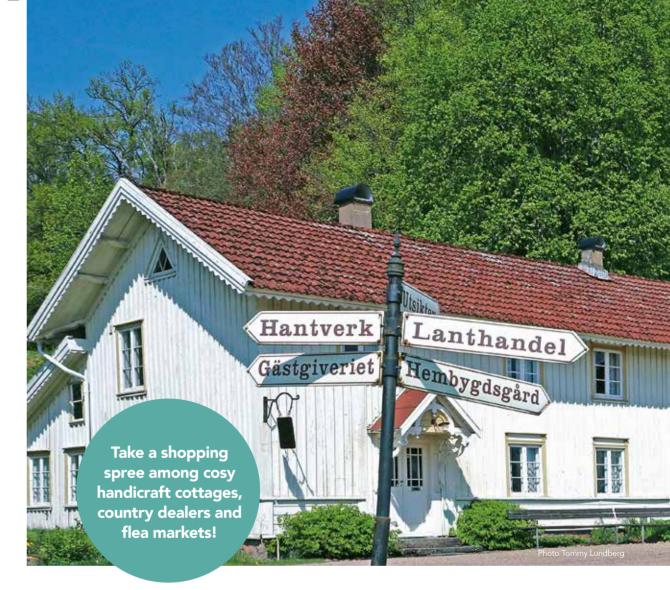
lences. Something for all tastes, with many small

interior details handpicked with care. Come and

visit this well-stocked florist's shop in Överlida!

Ternoffsväg 2, 512 60 Överlida

susannsblommor@gmail.com



#### MÅRDAKLEV

## Mårdaklev Heritage Centre & Country Shop

Klevs Gästgiveri, 512 62 Mårdaklev +46 70 56 89 930 ① Mårdaklevs Hembygdsförening jennymw1985@gmail.com

Local heritage centre on the beautiful Klev Nature Reserve, very well-preserved. This was once the site of one of Sweden's southernmost fortifications and was the scene of many bloody battles between the Swedes and Danes. The local heritage centre contains a treasure trove of everything from furniture and bric-a-brac to photographs and old church paintings. The country store sells local handicrafts, beautiful old-fashioned children's clothes, interesting finds and delicious sweets sold in old-fashioned cones. NEW for 2021: You can now enjoy coffee and home-baked fika with us at one of the antique tables inside or outside the heritage centre. On Fridays, we serve traditional sandwich cake and beverages. Feel free to book in advance! Opening hours 2021: Saturdays and Sundays 11:00-15:00 until 15 August. Fridays 11:00–15:00 from 9 July until 6 August.

Follow us on Facebook to find out about all of our forthcoming events!

#### ENTERTAINMENT

#### ÖVERLIDA

## Museum of industry & handicrafts

#### Hotellvägen 4, 512 60 Överlida +46 325 324 48

Numerous different businesses and interiors from the past, such as Överlida diversehandel in period style, the sub-post office and railway station from 1899, Överlida affärstryckeri from 1938, barber's, shoemaker's shop and school environment from 1914.

Curious? You are welcome to get in touch with us!

#### Öxabäck Öxabäck women's soccer museum

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Överlidavägen 13, 511 95 Öxabäck +46 70 51 94 281, +46 76 03 49 134 antikhuset.org | ① Antikhuset, Öxabäck antikhuset@hotmail.com christian@brimba.nu

The lower floor of the "Antikhuset (Antique House)" welcomes a large exhibition about Öxabäck's notorious women's team, from the years 1966-1999. You may see here a lot of press clippings and photos from the time when Öxabäck IF took Sweden football by storm! The museum also has a large exhibition of tourist dolls. For opening hours, please visit our Facebook.

#### Discover Trivselbygden's delightful museums!

HÅCKSVIK

#### Håcksvik Mini Golf Håskavägen 5, 512 95 Håcksvik +46 70 69 68 519, out of hours: +46 7054 22 542

#### hacksvik.se/turistinformation

Traditional mini-golf course in beautiful surroundings in the heart of the village. The clubs can be found at the Siggeberg's Flea market area or in small "treatment cure" next to the flea market. Always open to play!

#### KALV

## Kalvfestivalen 12–15 August 2021

f 🎯 kalvfestival.se | kalvfestivalen

18 years with Kalv as a meeting place for presenting contemporary art music, now also with international composition academy throughout the week. Visit our website kalvfestival.se for more information.



#### HOLSLJUNGA

# Stråviken Arena

Stråviken Arena, 512 64 Holsljunga +46 70 35 05 810 holsljunga.se hif@holsljunga.se

Come here to enjoy some informal games and sports, and above all, have fun! Holsljunga IF built its arena on a wholly non-profit basis, through sponsorship and charitable contributions. It's there for everyone to use, whatever their age, gender or background.

#### ÄLVSERED

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# 72 Route 154

Falkenbergsvägen 10, 311 63 Älvsered +46 325 313 80 route154.se | 🕜 Route 154 Motel

route\_154 | info@route154.se

Are you tired of the heat or are you looking for shelter for the rain? Route 154 provides a range of indoor activities to brighten up your life, such as an 18-holes mini golf course, carpet curling billiards and darts play. The building has also very nice motel rooms for the ones who opt to extend their stay, as well as a restaurant with an American-inspired cuisine.



#### HOLSLJUNGA

Mine Day

At Gräne Mine, we'll be celebrating Mine Day on 1 August 2021. For more information, see: "Hiking" and "Culture"

ÄLEKULLA



www.skallaredsmarten.n.u Latitude: N 57° 21.010' Longitude: E 12° 43.898'

Twice a year, Älekulla IF and Älekulla Skytteförening arrange the Skållared's Market. The spring market is in April and the autumn market in October. Here you can do special deals with the traders, hang out with animals, buy lottery tickets, sausages, waffles, pea soup and a whole lot more.

MUSEUM OF INDUSTRY & HANDICRAF

20

# **Fairytale churches**

# IN TRIVSELBYGDEN

Trivselbygden boasts ten splendid church buildings, all with their own unique charm and architecture. It is difficult not to marvel at the high level of professional skills obtained by the people who created these buildings, wood carvers, stonemasons and painters. Some of the churches are open with café activities during certain periods of the year, others open to worship services, groups of children or at other special occasions. If you want to make a visit, the caretaker can be on duty, several times to assist you.

MJÖBÄCK-HOLSLJUNGA PARISH

# Holsljunga Church

The church was inaugurated 1835, the pulpit is made by Johannes Andersson from Mjöbäck. The revival preacher Jacob Otto Hoof is buried in the church cemetery. The textile artist Elisabet Brenner is responsible for the latest colouration applied to the church. The church is open on Thursdays during July between 15:00–18:00. MJÖBÄCK-HOLSLJUNGA PARISH

# 77 Överlida Church

The church was inaugurated on 22 Dec 1963 and is also called the "Church of Gifts", as most of it is bestowed. Eva Spångberg has carved the altarpiece and a Mary statue adorns the church hall. The building resembles to a tent. Feel free to come inside an look around our distinctive church and enjoy home-baked *fika*. The church is open on Thursdays during July between 15:00–18:00. Worship at 18:00 with music.

#### MJÖBÄCK-HOLSLJUNGA PARISH

## Mjöbäck's Church

The church was built 1851 and underwent renovation works during 2019. The pulpit, the altarpiece and the hymn-number boards were made by Johannes Johansson in Tokabo. The church is open on Mondays during July between 15:00–18:00. FOR FURTHER INFORMATION REGARDING FIKA AND RELIGIOUS SERVICES, PLEASE VISIT OUR FACEBOOK PAGE @ MJOBACKHOLSLJUNGA

YOU CAN ALSO FIND US AT SVENSKAKYRKAN.SE/KIND/ MJOBACK-HOLSLJUNGA

READ MORE ABOUT ÄLVSERED CHURCH ON

.....

SVENSKAKYRKAN.SE/FALKENBERG/ALVSEREDS-KYRKA

KINDAHOLM'S PARISH

# Håcksvik's Church

This wooden church is built in neoclassical style and opened in 1826. It replaced the shingle-clad building that had served as parish church since Catholic times. The tower has its own history and may have originally been a watchtower when the old border ran along the Stång River. An altarpiece originating from the old church stands at the baptismal font which dates back to the 12th century. The church is open on Wednesdays in July between 14:00–16:00.

KINDAHOLM'S PARISH

# Mårdaklev's Church

For at least 800 years now, a church is erected on the hill surrounding the Ätran river. The current building was erected in the years 1875-1876 and the baptismal font dates back to 13th century, the altarpiece and the pulpit (preaching chair) are furnishings from the former 17th century church. The altarpiece depicts Christ on the cross and is declared to be the work of a Dutch master, a copy of Rembrandt. The pulpit (preaching chair) and altarpiece are created by Sven Nilsson Morin. The church is open on Thursdays during July between 14:00–16:00.

ÄLEKULLA PARISH

# Älekulla Church

The church is built in stone and originates from the Middle Ages. The church area within the building is richly decorated with paintings. The ceiling includes the six creation days, produced by the Church painter Ditleff Ross (1760). In 1794, these paintings were supplemented with motifs from Genesis, by I M Hultgren. The altarpiece is made in 1796. An older altarpiece dating back to1687 is set on the southern long wall. The oldest inventory in the church is the richly decorated baptismal font in soapstone from the 14th century. The big bell is from 1590, the little bell bears the year 1732.



Öxabäck's Church was erected in 1874-1875. The tower in the West has an unusual architecture and with its staircase tower it resembles the churches in Denmark. In the church there is a so-called the Calvary group painting – a Christ painted with Mary and John on Calvary. This is a prestigious cultural work in oak from the Middle Ages. A baptismal font of soapstone originates from end of the 13th century. The large bell is of a late medieval type.

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KINDAHOLM'S PARISH

# Östra Frölunda Church

Stone church is erected in 1826. The baptismal font in sandstone is octagonal and made in Västergötland (West Gothland region) during the 12th century. The pulpit (preaching chair) is quite unusual with its triangular shape and concave pad edges. It is adorned with two golden medallions, depicting Martin Luther and Gustav Vasa. The church is open on Fridays during July between 14:00–16:00.

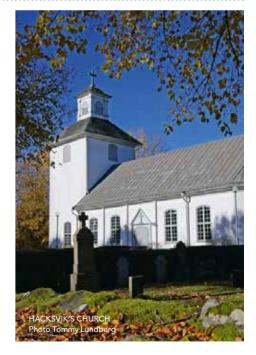
KINDAHOLM'S PARISH

# <sup>82</sup> Kalv's Church

Built in neo-Gothic style and inaugurated in 1900, after the previous 19th century church burned down. The new Kalv's church was build based on the drawings by Carl Crispin. From the former churches, the baptismal font dating back to 13th century and the wooden sculptures from the 17th century have been preserved. They adorn the southern wall. At the back of the church, a work by Eva Spångberg is visible for the visitors, depicting the angel Gabriel and Maria. The church is open on Saturdays during July between 17:00–18:30.

FOR UP-TO-DATE INFORMATION ON SERVING AND DEVOTIONAL, SEE FACEBOOK PAGE @KINDAHOLM

FOR FURTHER INFORMATION, PLEASE VISIT SVENSKAKYRKAN.SE/KIND/KINDAHOLM



READ MORE ABOUT ÄLEKULLA AND ÖXABÄCKS CHURCHES ON TORESTORPSPASTORAT.SE/KYRKORNA

ÄLVSERED PARISH

**Älvsered Church** 

Externally, the panelled timber frame dating from

1838 is almost entirely preserved. The baptismal

font is dated back the 13th century and is made

by the so-called Fagered's master, working at the

"Funtaliden" guarry. The great bell is one of the

country's oldest church bells, which is still in use,

and bears a runic inscription from the 14th century.

# Restaurant & Café

Taste the best from Trivselbygden!

Mjöbäcksbaren Du & Jag

Cosy pizzeria in the middle of the village which

to Friday at 11:00-15:00. 11:00-14:00 On Tues-

day-Sunday the exquisite pizzas are prepared

and baked and in addition remains open up to

also offers today's home-cooked lunch, Monday

Öxabäcksvägen 7, 512 65 Mjöbäck

#### ÖVERLIDA

# Överlida Camping & Holiday Village

Holsljungavägen, 512 60 Överlida +46 325 324 39

overlidacamping.se | **()** Överlida Camping info@overlidacamping.se

Beautiful camping and holiday village by the lake Lilla (little) Hallången. The camping area is located on a headland surrounded by the deep blue lake on several sides. The in-house cafeteria offers light refreshments, fika (good coffee/ tea with cakes), ice cream and refreshing drinks. Fully-licensed

ÄLVSERED

## Route 154

Falkenbergsvägen 10, 311 63 Älvsered +46 0325 313 80 route154.se | () Route 154 Motell () route\_154 | info@route154.se

The in-house restaurant prepares an imaginative American-inspired menu with extra everything, well worth testing! After the meal there is a range of indoor activities to brighten up your life, such as an 18-holes mini-golf course, carpet curling, billiards and darts play. The building has also very nice motel rooms for the ones who opt to extend their stay!



# Mandy's Diner

Kinnavägen 2, 311 63 Älvsered +46 76 78 28 995 mandysdiner.se | 1 @ mandysdiner info@mandysdiner.se

Experience a true American Diner in a unique environment where all decor and collectibles are original. We play rock 'n' roll in a pleasant '50s and '60s atmosphere in which you can sit back and enjoy delicious drinks and great food inspired by American cuisine. Takeaways are also available if you prefer. We recommend that you call and book a table by phone: +46 76 782 89 95 during restaurant opening hours. You can also call the same number between 12:00 and 15:00 Tuesday to Thursday. We only take telephone bookings. Visit the website for more info and to see the opening hours.

MJÖBÄCK

+46 325 344 44

miobacksbaren.se

20:00. 20:00 Welcome!

+46 70 60 52 264

hemmapaklev.se

Home at Klev

Klevsgatan 1, 512 62 Mårdaklev

Hemma på Klev/Klevs Gästgiveri B&B

At the venerated Klev Inn, all the food is pre-

and bookings, please visit the website.

pared from scratch and with local ingredients.

During the season and weather permitting, the

cosy garden kitchen is open. For opening hours

Iemma på Klev | info@hemmapaklev.se

MÅRDAKLEV

Mjöbäcksbaren Du&Jag

HÅCKSVIK

## 🕨 Påarps Gård

Påarps Gård 1, 512 95 Håcksvik 0325-530 11, 070-66 53 011 paarpsgard.se l () Paarpsgard info@paarpsgard.se

In lush greenery and in sparkling waters, you will find a fantastic farm with accommodation, activities and a newly renovated fully licensed restaurant. Lunch, dinner and coffee cooked with feeling and care. Different special menus at holidays and at Christmas time. Booking is recommended for large parties. Also very nice fishing and hiking opportunities! Please see our website for current opening hours and upcoming events.

HOLSLJUNGA

#### Holsljunga Camping & Café Fridolfs väg 3, 512 64 Holsljunga

+46 70 96 96 260

holsljungacamping.se l **()** holsljungacamping info@holsljungacamping.se

Holsljunga Camping & Café overlooks the beach and lake at Holsjön. In fine weather, you can sit on the terrace and enjoy a delicious fika, sandwiches, light meals, waffles or ice cream. Weather not permitting, we also have a small cosy indoor café. You can also order a take-away picnic basket to enjoy on the beach, during your cycling tour or out on the lake in one of our hire boats. Or why not play a match on our boules court. We have something for everyone! Open every day between 08:00 and 20:00 (08:00 and 22:00 in the high season). A defibrillator is available.

#### KALV

# Backa Loge Café

+46 70 27 06 260 backaloge.se | ) Backaloge | Backaloge info@backaloge.se

This rustic gem lies beside the beautiful Lake Fegen. Here you can enjoy a meal of traditional Swedish fika (coffee/tea with cakes), hold events, parties and conferences in beautiful natural surroundings. Our guests also have all the opportunities to bath, fish and paddle during their stay with us. Whenever we can, we prepare all of our dishes from scratch using organic, locally produced ingredients without additives. For opening hours, please visit our website or follow us on social media.

From August 21, we open on Saturdays and Sundays for as longs as the weather and hosts allow. If you are larger groups, we will also agree to offer our services on "non-opening hours"! A warm Welcome!

KALV Café Solvik Solvik 1, 512 61 Kalv 072-50 52 151 kalvscamping.se l 🕜 Café Solvik kalvscamping@telia.com

Charming summer café near the beach/bathing spot and Kalv's family camping. At Solvik, everything is homemade and locally produced that is sought after and every order is cooked with care. We offer a range of goodies such as waffles, ice cream in many flavours and ice cream treats as well as lovely homemade flatbread rolls. Picturesque setting at the northern tip of Lake Kalvsjön.

HOLSLJUNGA

# Gold City – Gräne Gård Café

Gräne Gård 1, 512 64 Holsljunga +46 070 79 95 272 goldcity.se I () Gold City Gräne Gård info@goldcity.se

This rustic and charming waffle café is situated on a hill in the quiet corner of the forest. You will find here a welcoming atmosphere and dirty walking boots are more the rule than the exception! It's very much like being back in "The wild west". The Gräne mine is within easy walking distance. Opening hours: 29 May–4 July, Saturday and Sunday 11:00–16:00; 5 July–5 September, Tuesday–Sunday 11:00–16:00. Check out Fb. for extra opening hours and special events. Howdy!

MJÖBÄCK



Lindsbo 2, 512 65 Mjöbäck +46 070 67 57 070 () @ Café Tostatorpet

 $cafe\_tostatorpet@hotmail.com$ 

Lovely café with a lot of feeling and beautiful surroundings! At Café Tostatorpet we offer homemade fika (coffee with cakes), mostly baked on organic ingredients. With lots of gluten-free options.. Welcome to a cosy rustic setting and let yourself to delight into taste! HOLSJUNGA

#### **Apelkvisten Inn**

Idrottsvägen 4, 512 64 Holsljunga +46 734 23 41 87 apelkvistenswardshus.se () Apelkvistens wärdshus & Logi I () apelkvistens\_wardshus wardshuset@apelkvistens.se

This newly opened restaurant offers a daily lunch special, as well as an à la carte and takeaway menu. Visit us on social media for the menu of the week. Open for lunch Tuesday to Friday, 11:15–14.30. The à la carte menu is served on Fridays 17:00–20:00, Saturdays 14:00–20:00 and Sundays 14:00–18:00. We offer single and double rooms, learn more under "Accommodation". Welcome!

# Locally Produced

Cosy farm shops for those who appreciate small and local products.

ÄLVSERED

Photo: Gun Erlandsson

# Ulvanstorp Farm Flatbread Cabin

Ulvanstorp 103, 311 63 Älvsered +46 73 500 62 63 ulvanstorp.se

Ulvanstorp | 
 ulvanstorp\_marita
 info@ulvanstorp.se

Experience life in the countryside on a living, breathing farm! In picturesque Ulvanstorp you can experience the feeling of baking flatbread in a wood-fired stone oven, the Jämtland way. Make an appointment to try your hand at baking with family, friends or workmates. During 2021, the coffee house will be open between 14:00 and 17:00 on 8 August, 22 August and 19 December. Welcome to Bo and Marita.

#### ÖXABÄCK

Brohage Butcher's Brohage 1, 511 95 Öxabäck +46 70 57 68 039

() (i) Brohage Butcher's www.brohagekott.se brohage@outlook.com

Newly built farm shop in Öxabäck. In the shop, you can buy locally produced beef and pork. The beef comes from our own farm but is slaughtered at the Dalsjöfors slaughterhouse before being returned to us for butchering in our farm shop. We source our pork from Persgården in Haby. All our finished products we manufacture ourselves. Choose from sausages, hamburgers, sandwich food, smoked products and everything for the barbecue season and even meat packs. A range of game products are available for sale at specific times of the year. Starting on 27 March 2020 with opening hours Fridays 12 – 6 pm and Saturdays 10 am – 2 pm. Welcome to Hans-Olof and Carina. KALV

# Joarsbo Farm Shop

Joarsbo 2, 512 61 Kalv +46 325 540 64, +46 70 25 21 170 info@joarsbo.com | () joarsbo joarsbo.com

Nice farm shop with sale of KRAV-labelled juice and jam from own production. Old proven recipes and pure raw materials in the form of organic berries and fruits, Swedish as much as possible! Honey included. Treat yourself to a walk in the woods, at the shores of Lake Fegen, during your visit to our place.

In Joarsbo<sup>th</sup>ere are also good fishing opportunities and two nice cottages, with fantastic location, to rent.

# Bocksås Eco Organic Butcher's

Bocksås 2, 511 94 Älekulla +46 70 55 57 808 bocksaseko.se

 Bocksås Eko | 
 Bocksasbonden mikael.bocksas@gmail.com

At Bocksås Eko we breed organic cattle on grass and herbs only, in the beautiful natural surroundings. The meat can be bought from us on the farm or order online and have it delivered home. We also offer lamb meat from the area. Read more about us on the website and follow us on social media.



# Överlida Bakery

Skenevägen 4, 512 60 Överlida +46 73 14 05 939 lisbeth4702@hotmail.com

Newly opened bakery with homemade fresh rolls and buns etc. Open Tuesdays and Fridays from 7 am to 3 pm

Open Tuesdays and Fridays from 7 am to 3 pm "Welcome!", say Lisbeth and Anders.

ÖSTRA FRÖLUNDA

Karsbo Deer Farm and Game Shop

Karsbo 1, 512 63 Östra Frölunda +46 79 34 03 921 karsbohjort.se | 🛈 💿 karsbohjort karsbohjort@netatonce.net

The Karsbo Deer Farm and Game Shop is located 8 km south of Östra Frölunda. Deer are fantastic at maintaining the landscape, keeping the pasture around the farm open, and we enjoy following their progress throughout the year. On the farm, we have a Swedish Food Agency approved facility for butchering and packaging game. We offer a range of products including dry-aged and filleted joints, top-quality vacuum-packed and frozen meats, as well as sausages and mince with a very high percentage of venison.

Fallow deer meat is tender, with a mild gamey flavour and is excellent for grilling. If you are a hunter, we also offer the opportunity to stalk deer in our paddock. Please visit our website for prices and further information.



HOLSJUNGA

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# Lindåsen Farm

Holsljunga Tommared Lindåsen 1 512 94 Svenljunga Linda +46 70 322 59 38 Michael +46 70 322 59 33 bocksaseko.se 1 Lindåsen Gård I © Lindåsen Gård lindasengard@gmail.com

Lindåsen Farm is just off of Route 154 outside Holsljunga. On the farm, the Edman family produce organic meat on a small scale. Lindåsen Farm, where both cows and pigs are raised, sits in a beautiful elevated location just outside Holsljunga. The farm shop sells frozen pork and organic beef, either in joints or as complete meat boxes from animals. The animals are sent to a small local slaughterhouse in Österöö. The meat is organic. The farm shop is usually open on Saturdays but please check our Facebook or Instagram account for up-to-date opening hours. We make every effort to ensure that you enjoy your stay with us in Trivselbygden.

# Services

ÖVERLIDA

# 9 Mjöbäcks Sparbank

Lidavägen 1, 512 60 Överlida +46 325 327 00 mjobackssparbank.se f ©mjobackssparbank.se

info@mjobackssparbank.se

Mjöbäcks Sparbank is the small bank with the great possibilities. Provides financial services for both individuals and businesses. The bank has an adjacent car park with a charging station for use by the bank's clients, as well as ATMs.

ÖVERLIDA

#### Hedström's recreational vehicle Skenevägen 4, 512 60 Överlida 070-34 54 544

hedstromsfritid.se | () Jhfritid jonas@hedstromsfritid.se

Needing help fixing your holiday home for the season? We have 35 years' experience in sales and service of motorhomes, caravans and trailers and carry out service and repairs on all brands. Hedströms is a full service workshop where all repairs are carried out. Authorized workshop for LMC, Knaus Group products, Alde and Truma. For camping guests, we also carry out emergency repairs at the campsite! We are dealers for AGA/Linde gas for motorhomes/caravans.

ÖVERLIDA

# Jezz Interior

Västgötavägen 3, 512 60 Överlida +46 70 33 38 420, +46 70 92 28 032 jessica.hedstrom@jezzinterior.se conny.waern@jezzinterior.se jezzinterior.se | f @ Jezzinterior

Jezz Interior is a well established company that since 2018 is active in the Överlida. The focus lies on sewing and special carpentry emphasising the public environments/spaces. The awareness and experience is important and here is carried out the sewing of curtains, bed covers, pillows and headboards. Including cushions, tents, chapels etc. Everything is possible in the carpentry section. "Can you think so, we can produce it"! Do not hesitate to get in touch with us for a stylish pub bar/club or other special requirements. We also draw and produce exhibition stands. ÖVERLIDA

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# Överlida Carwash

Hallavägen 10, 512 60 Överlida +46 73 86 03 431 overlidaspolhall.se © överlidaspolhall info@överlidaspolhall.se

Wash your car, caravan and other vehicles. Book directly on the website.

HOLSLJUNGA

# "Bertas Camping" picnic area

#### Coordinates: 57.403537, 12.957958

Beautifully-situated picnic area beside Lake Holsjön in the south of Holsljunga. There are tables and benches, toilet and information board-all clean and tidy! The finest picnic area along the whole of county road 154, according to many people.

SHOPS

#### ÄLVSERED

# 🥺 Älvsered Lantmän (shop)

Mårdaklevsvägen 22, 311 63 Älvsered +46 325 311 08

Ivseredslantman.se

info@alvseredslantman.se

Opening hours: Monday to Friday, 07:30–17:30 Saturday 09:00–13:00

Personal service is characteristic of this store, which supplies farmers, house owners, DIYers, companies, pet owners and cottage owners. Wide assortment!

MJÖBÄCK

# Västkuststugan Building Supplies

Öxabäcksvägen 10, 512 65 Mjöbäck +46 0325 186 16 vastkuststugan.se

vastkuststuganbyggvaror
 bengt.josefsson@vastkuststugan.se

A well-stocked DIY store where you will find wood products, windows, parquet flooring, laminate flooring, kitchens, bathrooms, doors, paint, glazed tiles, clinker, tools, wardrobes, nails, screws, insulation, panel materials, work clothing and much more.. Everything for the home fixer, DIY enthusiast, the cottage owner and the professional!

28

# Grocery stores supermarkets

# **Filling stations**

There is a lot to discover in the Trivselbygden, and occasionally the tank needs to be replenished for a further exciting mile. Gasoline, diesel or electricity? Here in Sweden's beautiful countryside there is fuel for your particular vehicle! All taps are unmanned and available 24/7.

#### ÖXABÄCK

Handlar'n i Öxabäck Överlidavägen 11, 511 95 Öxabäck Shop: +46 73 567 5090 Pizza orders: +46 76 037 5095 Handlarn Öxabäck



Click here for our local grocery stores and their opening times. Welcome in!

Handlar'n i Kalv Kyrkbyn, 512 61 Kalv +46 76 172 85 99 handlarnkalv@gmail.com

KALV

Opening hours: Weekdays: 09:00-19:00 Saturday: 09:00-18:00 10:00-17:00 Sunday:



ÖVERLIDA

Fuel:

Other:

ÖXABÄCK

Fuel:

Other:

Ostar

Payment method:

**SMART** 

Payment method:

# **Oljeshejkerna Johnsson** (sells and distributes petroleum products)

Köpmansvägen 2, 512 60 Överlida

Överlidavägen 15, 511 95 Öxabäck

Öxabäcksvägen 7, 512 65 Mjöbäck Fuel: Payment method: Other:

Card cery store & Pizzeria.

Gasoline & Diesel

home stopover.

Located near the motor

Gasoline & Diesel

grocery store.

Is located next to the

Card

Card

# Gasoline & Diesel located next to the gro-

## Payment method: Other:

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gasoline, Diesel & charging station for electric car Card Compressed air for loading tires available. Is located next to the grocery store.

KALV

Fuel:

ÄLEKULLA

# Kalvsjöholmsbolaget

**Oljeshejkerna Johnsson** 

(sells and distributes

petroleum products)

Gunnar Strandvägen 11, 511 94 Älekulla

Kyrkbyn Kalvsjöholm 1, 512 61 Kalv

Fuel: Payment method: Other:

Gasoline & Diesel Card Is located next to the grocery store.

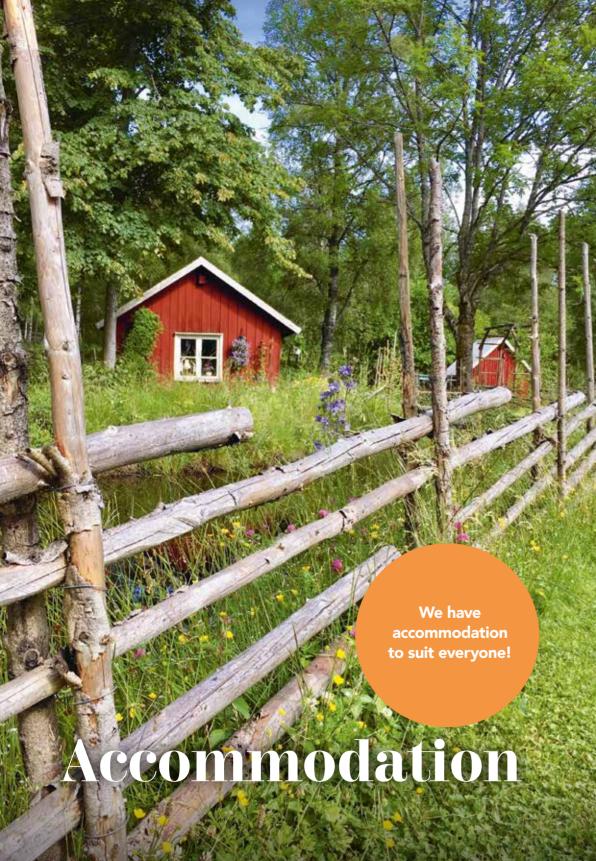
# ÄLVSERED

#### Din-X Falkenbergsvägen 10, 311 63 Älvsered

Fuel: Payment method: Other:

Gasoline & Diesel Card Is located next to the Motel & restaurant.

SERVICING



ÄLVSERED

# Sävekulla,

# accommodation close to nature

Sävekulla 110, 311 63 Älvsered +46 702 88 19 38 sävekulla.se 3 Sävekulla – countryside accommodation

savekullanaturnaraboende savekulla110@gmail.com

In a fantastic woodland with archaic meadows and pastures, lies Sävekulla. Here, you feel noticeably close o nature and Storasjön's (lake) undulating waters attract fishing, picturesque views and cool baths just next to it. Two accommodations are available for rent, a house with eight beds and a small cottage with 4 beds. Both are fully equipped and available all year round. You are also welcome to hold themed evenings, lectures or why not attend a dog course here with us! Four-legged friends are more than welcome. Boat and fishing licenses are included in the rent. Welcome!



#### ÄLVSERED

Route 154 Motel

Falkenbergsvägen 10, 311 63 Älvsered +46 0325 313 80 route154.se | () Route 154 Motel () route\_154 info@route154.se

Motel with retro-feeling, near Ullared. We have built up an environment of older vehicles, petrol pumps and other curiosities. We can offer double rooms and family rooms, all equipped with private bathroom. The rooms have a fridge, microwave and water heater. We offer a range of indoor activities such as an 18-holes mini-golf course, carpet curling, billiards and darts play. 150 meters from the hotel there is a cosy bathing area and we also have our own restaurant with American-inspired menu in the building. Our guests have given us a rating of 9.3 on booking. com, which we are proud of. Book either via our website or by phone.

#### ÄLVSERED

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# **Ulvanstorp Farm**

Ulvanstorp 103, 311 63 Älvsered +46 73 500 62 63 ulvanstorp.se Ulvanstorp | @ ulvanstorp\_marita info@ulvanstorp.se

Grandma's House offers accommodation on a working farm.

Well furnished with fully equipped kitchen and eight beds. Group rental only. Enjoy a lovely sauna and a dip in the samll heated pool. At "Grandma's house" you live in fresh rooms and have access to a large kitchen. Four bedrooms with a total of seven beds + cot. For rent with self-catering option. Pets welcome! Both houses are equipped for winter-dwelling and are for rent all year round. The Östdanmark hiking trail is close by and you are within walking distance of Högsjön, which is a fine swimming and fishing lake.

ÄLVSERED

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#### Lin's B & B Mårdaklevsvägen 7, 311 63 Älvsered comhem88@gmail.com

Located in Älvsered near the Nabben Lake, Lin's B & B offers en suite rooms with a flat-screen TV with Netflix, fridge, microwave and tea/coffee maker. Lin's B & B features a garden with outdoor furniture and barbecue facilities, and free private parking. A Continental and Asian breakfast is served every morning. In the area you can go hiking, swimming, fishing and canoeing. The property is just a 2-minute walk from the grocery store and restaurant. At Booking.com you will find more information. Welcome!



Photo Åsa Slobodnik

# östra frölunda

# Lerbäcksbyn village accommodation

Lerbäcksbo Överbyn 1, 512 63 Östra Frölunda +46 325 303 03, +46 76 47 33 166 lerbacksbyn.se | ) Lerbäcksbyn christina@lerbacksbyn.se

In the 19th century, Lerbäcksbyn was a significant förläggargård (larger estate originally housing the owner) and it is still highly alive today! The farmhouse can be rented for longer or shorter periods, in the "dye-house" you can rent rooms. In the garden there is the possibility to camp or set your recreation van/motorhome for a few days. Kindaholm's way goes through the Lerbäcksbyn village. Guided tour also in English. Welcome! One thing all of our attractions have in common is their close proximity to wonderful natural surroundings.

#### Motorhome pitches Köpmansvägen 2, 512 60 Överlida 070-57 78 373

ÖVERLIDA

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Overlooking the lake Hallången, you spend the night safely and beautifully at this newly built location with rooms for 8-10 motorhomes. Electrical connection is available, as well as the ability to refuel water and empty the latrine. Toilets are available. Wi-Fi available from summer 2021. Cost of SEK 180 is payable on site. Welcome! ÖVERLIDA

## Överlida Camping & Holiday Village Holsljungavägen, 512 60 Överlida

#### 0325 324 39 overlidacamping.se | () Överlida Camping

info@overlidacamping.se

Beautiful camping and holiday village by the lake Lilla (little) Hallången. The camping area is located on a headland surrounded by the deep blue lake on several sides. It has its own swimming area with fine sandy beach and plenty of activities for young and old holidaymakers/ vacationers. The surroundings are open with large areas to run and play on and for swimmers there is a jetty a bit out in the water. We have our playground, service shop and cafeteria, as well as a thrilling adventure golf course and paddle tennis court. Good fishing opportunities and access to rent of canoe, kayak and motorboat. Welcome to us!



#### KALV

Joarsbo Cottages Joarsbo 2, 512 61 Kalv

0325-540 64, 070-25 21 170 joarsbo.com | 1 Joarsbo info@joarsbo.com

Joarsbo is incredibly beautiful with cottages that peek out towards Lake Fegen. Here, you can birdwatch, fish, bathe, hike or simply enjoy the serene surroundings. In Joarsbo there are two modern cabins with a total of 13 beds, one newly built in 2018. They are fully equipped and all tenants have access to their own boat and nice BBQ facilities. The cottages are winterized and available all year round!

# 129 Backa Loge Youth Hostel Övre Backa 1, 512 61 Kalv

070-27 06 260 backaloge.se | () Backaloge info@backaloge.se

Backa Lodge is one of the few places located in the south, where today's noise and mess do not reach. In a fabulously beautiful nature with the forest on the doorstep and the lake just outside the door, you stay pleasantly in the old renovated farmhouse. The seven rooms are bright and fine and guests have access to the guest kitchen, toilet and large living room. For those who want to go out in the Swedish countryside, there are fine signposted hiking trails and the possibility to rent a cance and rowing boat. Hunger and sweet tooth are easily quieted at Backa Loges's own café.

KALV

### Kalv Family Camping Kyrkbyn Kalvsjöholm 2, 512 62 Kalv

+46 325 512 58, +46 72 50 52 151 kalvscamping.se | () Kalvs' family camping kalvscamping@telia.com

In the midst of a large lake system with beautiful waterways and canals, this is the fishing and outdoor paradise! The campsite has 35 seats with electrical connection, of which we can boast lake views from all of them! Nature's lush beauty and the oak forest's whiff create a serene atmosphere that characterizes your stay with us. The fishing opportunities are many and at the campsite, the big fisherman can take care of his catch in his own fish cleaning. Boat, canoe and kayak are available for rent. Even a cool houseboat is available for rent for those who are looking for even more adventure and seclusion. Both the sandy beach and the cliffs are available and the café and shop are found within the walking distance.



oto: overiidacamping.se

#### KALV

#### Kalv Schoolhouse

Kalvs Skolhus AB, Kyrkbyn Skolhuset 1, 512 61 Kalv 073-05 72 735, 076-84 67 244

#### kalvsskolhus.se | 🚺 💿 Kalvs Skolhus info@kalvsskolhus.se

Kalv Skolhus with Kalvsjön Lake and the forest on the doorstep, is a well-preserved building recently remodelled for use as a youth hostel / course farm / campsite. Sleeping 36 in bunk beds, divided into seven rooms on two floors, it also has a fully equipped kitchen/dining room and a number of living areas with sofa groups and billiard tables.

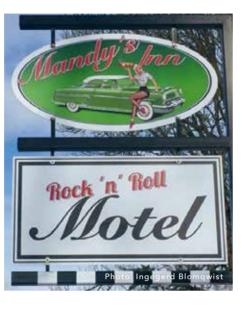
The schoolhouse is ideal for a host of group activities as the gymnasium and two school halls are in good order. It is possible to rent the entire building for larger groups, meetings or parties. It has an attractive outdoor area with inviting lawns and is equipped with garden furniture, BBQ facilities and a small football pitch. There is also parking for motorhomes and bicycle hire. Kalvsjön, with its pleasant bathing area, fishing and canoeing, is withing walking distance. The schoolhouse is close to splendid hiking trails which take you into the forest and past the deer paddocks. Welcome!



#### HOLSJUNGA Apelkvisten Inn

Idrottsvägen 4, 512 64 Holsljunga +46 734 23 41 87 Apelkvisten Inn apelkvistens\_wardshus wardshuset@apelkvistens.se apelkvistenswardshus.se

We offer single and double rooms in our inn in Holsljunga. Our accommodation is close to the lake at Holsjön and its beautiful beach, as well as many lovely walking paths and nature i all its simplicity. For those seeking a little more activity on their visit, we are located close to a gym and multisport arena. If you prefer shopping, the inn is only just over half an hour from Ullared! Our restaurant also serves lunch and an à la carte menu, find out more under "Restaurants and cafés". Double room SEK 895/night and single room SEK 695/night, which naturally includes our delicious breakfast. Welcome!



MJÖBÄCK

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#### Mandy's Inn Mjöbäcks Prästgård 1, 512 65 Mjöbäck +46 70 32 51 480

mandysdiner.se | 🚺 💿 Mandy ´ 's Inn info@mandysdiner.se

Mandy's Inn Motel in Mjöbäck offers different and familiar accommodation in a very unique environment. Here, you will kind among other things, music memorabilia from the 50's / 60's with rock 'n' roll influences, together with original American and Swedish collectibles. Each room has its own theme. There's also a large living room with a balcony. Breakfast included. Package deals available which include accommodation, booked table with dinner at Mandy's Diner in Älvsered with there-and-back transport in a Limo. Enjoy an overnight stay in our fresh and different cottage located right next to Mandy's Inn Motel. The cabin follows our typical Mandy's Diner style with rock 'n' roll and the 50-60's / 60's. Includes 3 rooms and kitchen, equipped for self-catering. Sleeps up to 6, made and ready. Perfect for those who want to do their own catering and for families with children. Breakfast and cleaning are available as optional extras. Disabled-accessible. Access to large garden and patio, free Wi-Fi and free parking for both accommodation options. Bookings by phone. Open all year round!



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#### HOLSLJUNGA

#### Holsljunga Camping & Café Fridolfs väg 3, 512 64 Holsljunga +46 70 96 96 260

holsljungacamping.se | f holsljungacamping info@holsljungacamping.se

Holsljunga Camping & Café is a peaceful little family campsite located beside the wonderful sandy lakeside of Holsjön. The site has parking for motorhomes and caravans, as well as pitches for tents. We also have three newly renovated cabins for various sizes available for rent. In fine weather, you can sit on the terrace and enjoy a delicious fika, sandwiches, light meals, waffles or ice cream. Weather not permitting, we also have a small cosy indoor café.

Enjoy a swim in the shallow waters beside the beautiful, child-friendly 300-metre-long sandy beach. Rent a Stand Up Paddle (SUP) board, boat or canoe and take a trip on the lake. Holsjön offers fantastic fishing waters and you can but a fishing license from us. Rent a bicycle and explore the beautiful local landscape, perhaps visiting one of the many nearby farm shops. We have excellent hiking trails through forests with elk, foxes, deer, berries and mushrooms. You can even order a picnic basket to take with you on your excursion.

We also have boules courts and adjacent football pitch, croquet and barbecue area. Gekås in Ullared is only 38 km away and is of course a very popular destination.

Dogs are welcome on the campsite and even on some parts of the beach! Come and experience a wonderful, fun holiday with us. Get away from it all, relax and enjoy the wonderful outdoor camping life, as well as delicious food, on your Swedish holiday. A defibrillator is available.

#### HÅCKSVIK

Påarps Gård Påarps Gård 1, 512 95 Håcksvik 0325-530 11, 070-66 53 011 paarpsgard.se l f 💿 Paarpsgard info@paarpsgard.se

Very tastefully decorated courtyard hotel with fresh nice rooms spread over ten ordinary and two suites. The property also features several cabins, a nature campsite and overnight accommodation in a loft or military tent. Various activities can be booked on site. Well maintained scenic resort on small lake, with high quality and beautiful surroundings. Own fishing waters with game fishing Boat rent and bookable trained fishing guide. Great place for fishing, hiking and biking!

#### MÅRDAKLEV

## Home at Klev – the Klev Inn

Klevsgatan 1, 512 62 Mårdaklev +46 70 60 52 264 hemmapaklev.se Hemma på Klev hemmapaklev info@hemmapaklev.se

Welcome to our home at Klev. Here you live and eat in a culturally historical environment with nature on your doorstep. In our B&B dating back to the 17<sup>th</sup> century there are four rooms with wide floor boards and sturdy timber walls. Breakfast is included as well as bicycles for trips to one of our beautiful swimming lakes. Lunch and dinner can be booked ahead. Pets welcome! Please book your stay via our website. For further information, see "Restaurants and cafés".

# TAKE CARE OF YOURSELF





Mårdaklevsvägen 13, 311 63 Älvsered 070-61 62 147

framfoten.se | **f @** Forefoot marie@framfoten.se

Welcome to the Forefoot! You can come here if you look for help with your feet; ingrown toenails, warts, corns and heel cracks are some examples of common problems. If you have no trouble, you are just as welcome, it is never wrong to indulge your feet extra attention with a relaxing foot care!

#### HOLSLJUNGA

#### Fannys Friskvård Idrottsvägen 2, 512 64 Holsljunga

+46 73 80 33 334 fannysfriskvård.se l 🛈 🐵 Fannys Friskvård (Fanny's health and wellness/Keep-fit activities)

fannybjorendahl@hotmail.com

Medical Massage Therapist and personal trainer who is at the gym in Holsljunga. Offers various forms of massage and personal training, even for companies. Including medical massage, fibromassage and breathing massage, Lotorp method. We also sell natural skincare products. Welcome!

HOLSLJUNGA

Lenas Kost & Träning Idrottsvägen 2, 512 64 Holsljunga 070-54 33 487

lenaskostochtraning.se () Lenas Kost & Träning | () lenaskostochtraning info@lenaskostochtraning.se

Lena, who runs this well-equipped gym, is a certified training consultant and nutritionist and help you along the way to your personal goals! The gym is modern with a wealth of fitness equipment and machines, and has changing rooms, showers and saunas. Training is carried out under gym agreements. A range of duration periods are possible. The company also offers personal training, diet advice, group training and running coaching.

#### MÅRDAKLEV

## Mårdaklevs Klippstuga & Life and Body Vallenvägen 1, 512 62 Mårdaklev

070-65 00 450 lifeandbody.se inger@lifeandbody.se

At Inger, everyone is welcome, young and old! Your hairstyle is quickly unrecognizable in a cheerful and professional manner; Permanent, cut, colour or maybe both! Welcome in and get a fresh holiday look! Open Tuesdays and Thursdays between 10:00 and 14:00, drop-ins welcome. Closed for the summer holidays between weeks 29 and 32. In our salon, you may find also Swedish, natural and organic skincare products for sale. My own web-shop has magnetic jewellery, water purifier and skincare products.

HÅCKSVIK

# Mikaelas Fotvård

Skyarp Björk Haga 1, 512 95 Håcksvik 0325-53 016, 070-59 53 012 mikaelasfot.se | 1 @ Mikaela's Foot Care mikaelasfot@netatonce.net

Certified medical chiropodist and trained nurse with many years of experience. Welcome to all of you who want to take care of the proper feet under my assistance, whether you have a problem or simply long to have those splendid summer feet. In my shop you can also buy suitable products for your feet; for example, healing ointments and support stockings. I do home visits as well. Welcome!

HÅCKSVIK

# 142 Morema

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Morema, which located in Håcksvik, is run by trained reflexologist and wellness and classic masseur Monika Söderberg. I offer classic massages, raindrop massage and reflexolgy. As Reflexologist, I work to release blockages in the body to get the flow (prana) move freely so that the body has a better condition to heal itself. With reflexology you can treat both physical and mental problems: strengthen the immune system, work with stress, start the system in the body as well as clear and even soothe the systems if needed. I work with fingers and zone rods in my work. Booking is made by telephone.

Photo: Ann-Margreth Karlsson

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#### WALKING TIPS

Useful to carry with you:

- Plasters for sore feet
- Water. 1-2 litres/person/day should be enough.
- Snacks; you often use more energy than you think.

Happy travels!

# THE AMAZING Allemansrätten (Freedom to roam)

Thanks to "Allemansrätten" (the right of public access) everyone can roam freely in the Swedish countryside. However, there are certain things you must bear in mind when you are out hiking, camping, climbing, picking flowers or anything else in the forest and countryside.

"Allemansrätten" gives us all access to the countryside. Therefore it is our shared responsibility to safeguard this ancient practice, not least by showing consideration when enjoying the countryside. Remember not to disturb the landowner or to damage the nature you are staying in.

Get detailed information at naturvardsverket.se



Did you enjoy this brochure and your visit to Trivselbygden? Please feel free to Swish an amount of your choice so that we can continue to develop the area. Thank you!

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# A very warm welcome from us in Trivselbygden!

TRIVSELBYGDEN

